



Crosslake Lutheran

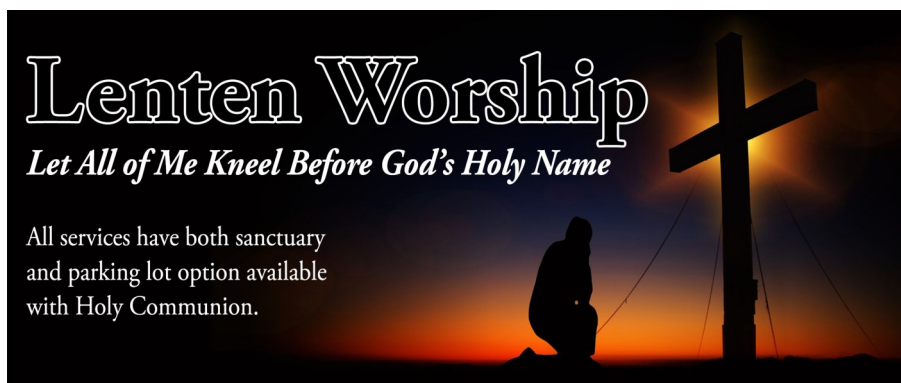
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Crosslakelutheran.com

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Crosslake, MN 56442
Permit #24

March 2021



Remaining Sundays:

March 7	9:30 AM	Hands	(Matthew 12:9-14)
March 14	9:30 AM	Knees	(Mark 1:40-42)
March 21	9:30 AM	Feet	(Mark 1:16-20)
March 28	9:30 AM	Palm Sunday	

(All services have both indoor and parking lot option available)

PASTORS' PAGES



March Greetings!

It's so nice to enjoy the longer days now as we head into Spring! The word Lent itself comes from an Old Anglo Saxon word that means lengthening – referring temporally to when the season of Lent takes place; it's during the time when the light of our days is lengthening. That light is leading us to Spring. This light of

Christ is also leading us to Holy Week and Easter. We hope you can join us during this meaningful time of Lent.

Our Lenten theme this year is **Let All of Me Kneel Before God's Holy Name**. Here's the description:

This Lenten series focuses on our bodily worship of the Triune God. When we come to worship, we are to engage all of our bodies in the art and act of worship — our heads and our hands, our knees and our arms, our lips and our eyes, our ears and our flesh. Biblical worship is not a disembodied activity, but an embodied reality.

This series was created by Professor Rolf Jacobson at Luther Seminary. And by now, we've already experienced a few Sundays of this series. It has proven to be a helpful and creative way to worship in these lengthening days whether we're in the sanctuary, parking lot, or another spot (hello, snowbirds!) worshiping on-line! Please see inside the newsletter for the Sundays of the series and also the Bible Study focused on this theme.

You'll also note Holy Week begins at the end of March with Palm Sunday on March 28, Maundy Thursday on April 1, Good Friday on April 2, and Easter Sunday on April 7. As long as pandemic conditions continue to improve, we anticipate offering both indoor and outdoor options for these services. However, at the time of this printing, we aren't quite ready to determine all the exact details of the worship options for Maundy Thursday, Good Friday, and Easter! We know you understand this "wait and see" necessity by now! We will be sure to let you know the worship times and options for Holy Week through our website, bulletins, and emails in plenty of time. Thanks again, ever so much for your patience and flexibility during these unusual times!

As we all kneel before God's Holy Name together,

Pastor Kristin



MARCH CHILDREN, YOUTH, AND FAMILY NEWS

I believe. I believe that coffee tastes better in a white coffee cup. It's true...for me. That's what I believe. But while the belief might help me enjoy a few sips of caffeinated goodness, this belief doesn't really "do" anything for me. It isn't a death or life issue. The **7th and 8th grades** are exploring the "I believes" we speak in the **Apostles Creed.** I believe in God the Creator, I believe in Jesus the Savior, and I believe in the gathering and equipping power of the Holy Spirit. What a fabulous way to embrace Lent! Certainly though our belief in this Triune God. But even more to know that God believes in us.

Speaking of God's belief in us. God want us to see and taste that goodness. We will having **First Communion Classes** for our **5th and 6th graders** on Wednesday March 10th, March 17th, and a bread baking event on Wednesday, March 31st. The classes will be from 6:00-7:00 pm. It is always a fun time of discovery as the youth and parents learn and grow together in the promises received through the Eucharist. Their celebration will be complete on **Maundy Thursday, April 1st at 6:15 pm.** This is the night Christ instituted the sacrament. We will have our youth and their families in the sanctuary and the rest of the congregation in their cars as we hear of the passion Jesus has for all of creation. Details have been mailed out to our fifth and sixth grade families.

All of the above points to our continued growth in a living faith, one that changes the way we live, and changes the way we see the world. That is what our **9-12th graders** are all about. We are using some of the **faith stories** recorded by members of the Lutheran Youth Organization (LYO) in the Northeast Minnesota Synod. These short videos have given us good starting points to discuss how God is always faithful to us. During Lent we will be back into our small groups. These **Faith Five groups** are a highlight for many of our youth where they **share, read, discuss, pray, and bless.**

As you can read in the above words, we are moving forward in faith. We are so thankful that we can be back in the church building again. The youth are still saturated in distanced learning right now. Our Zoom Youth Ministry was great but many of our youth and adults are suffering from video fatigue, they want real connection! And now they have it. Meeting in person has allowed us to assemble nutrition packs for the sandwich ministry and Valentine care packages for our post high school youth. We look forward to the many opportunities the spring and summer will bring.

In Christ,
Pastor Kurt



CURRENT GATHERING OPTIONS (Effective Feb.1)

9:30 AM Worship Service on Sunday Morning – Gather Indoor or in the Parking Lot in vehicles

9:30 Indoor Service – We ask that you park in the BACK LOT, so that those who are going to the Parking Lot service can be in front lot. The back door by the bathrooms will be unlocked for you to enter. There are handicapped spots there, too. You will be greeted and reminded to please use the hand sanitizer. Then, ushers will direct you, with your coat on into the sanctuary to the first available spot in the pew. (This may be an even better view than the seat you normally have!) Household groups will be seated together, physically distanced from other groups, as necessary for your protection. Face coverings are required in the building at all times. Don't worry if you forget your mask, we'll have extras. Please note if the modified capacity of the sanctuary is reached, we will ask those who exceed capacity to attend the Parking Lot service. The preaching pastor will preach from inside the sanctuary, so you will see that pastor indoors.

9:30 Parking Lot Service – Remains as it has been going. Park in a designated spot for fire safety purposes in the front lot facing the brown booth (pastor perch). Those coming to the Indoor service will park in the back. If the front lot is filling up, feel free to park in a front handicapped spot, even if you don't have a handicapped sticker. The pastor leading the liturgy will be in the perch for the service.

We will continue to have a song leader each Sunday. During Lent, we will have Communion every Sunday. For both the Indoor and Parking Lot services Communion and Offering nets will be "drive by" at your vehicle as people leave the parking lot through the two exits to County Rd 66 at the end of the service.

Church Facility Open by Reservation during the week:

In addition, the church facility is open by reservation. This means that if a group would like to meet for their activity (quilting, knitting, etc.) or a meeting, they may do so. Depending on the size of the group, it's optimal to meet in a room that has the furnace upgrade with the high quality filter system. (Unfortunately, this excludes the Fellowship Hall; if your groups needs the Fellowship Hall, this can be arranged, but please be aware the filters are not able to be in this area. However, we did purchase a fogger that can be used in the evening to clean any area of the church.) The process is to call the church office number to reserve the room. Bible Study on Wednesday mornings will be at church. When you use a church space, each person needs to sanitize their hands, sign in on the sheet, and wear a face covering at all times. The kitchen will not be used, but people may bring their own beverages. You can talk with Brenda, our office manager, about what room best suits your needs, and how to lock and unlock the door, if needed.

Youth ministry will happen on Wednesday evenings, in smaller, grade level groups. Due to this priority, for our youth to be able to meet face to face, we will not be able to offer Wednesday evening worship at this time.

Please note that while the sanctuary and meeting rooms are opening, we still aren't opening the entire church building. Out of care for our community, we request that if you have been at a church gathering and test positive for COVID 19 shortly afterwards (because we know this virus is unpredictable!), please let us know. We will email out a brief notification, keeping identities anonymous, but letting people know they may have been exposed to COVID 19.

Our COVID Preparedness Plan is available on our website at Crosslakelutheran.com

Sunday, March 14th Daylights savings time begins. Turn clocks ahead 1 hour after midnight on Saturday, March 13th.



Lenten Bible Study Series: Let All of Me Kneel Before God's Holy Name

(continues)

Tues., Mar. 2	6:00 PM (ZOOM)	Hands	(Matthew 12:9-14)
Wed., Mar. 3	10:00AM (IN PERSON)	Hands	(Matthew 12:9-14)
Tues., Mar. 9	6:00 PM (ZOOM)	Knees	(Mark1:40-42)
Wed., Mar. 10	10:00AM (IN PERSON)	Knees	(Mark1:40-42)
Tues., Mar. 16	6:00 PM (ZOOM)	Feet	(Mark 1:16-20)
Wed., Mar. 17	10:00AM (IN PERSON)	Feet	(Mark 1:16-20)
Tues., Mar. 23	6:00 PM (ZOOM)	Embodied Lent, Parish Nurse Gail Smith	
Wed., Mar. 24	10:00 AM (IN PERSON)	Embodied Lent, Parish Nurse Gail Smith	
Tues., Mar. 30	No Bible Study – Holy Week		
Wed., Mar. 31	No Bible Study – Holy Week		



2021 FINANCIAL REPORT

Jan:	<u>Actual</u>	<u>Budget</u>	<u>Difference</u>	YTD:	<u>Actual</u>	<u>Budget</u>	<u>Difference</u>
Revenues:	\$ 52,394	\$ 65,588	\$ (13,194)	\$ 52,394	\$ 65,588	\$ (13,194)	
Expenses:	<u>\$ 39,845</u>	<u>\$ 44,557</u>	<u>\$ 4,712</u>	<u>\$ 39,845</u>	<u>\$ 44,557</u>	<u>\$ 4,712</u>	
Difference:	\$ 12,549	\$ 21,031	\$ (8,482)	\$ 12,549	\$ 21,031	\$ (8,482)	

In the month of **January**, revenue exceed expenses by \$12,549.

YTD's performance is \$8,482 less than budget, because revenues are \$13,194 less than budget, however, expenses are also less than budget by \$4,712.



Complete financial reports are available in the Finance mailbox.

YOUTH GROUP SCOOP

THANK YOU! To all who donated supplies or money to our two service projects: Valentine packages to our post-secondary youth, and nutrition bars to the Alan Law Sandwich Ministry for the people experiencing homelessness in the Twin Cities. We were able to send 42 Valentine boxes and they were greatly appreciated. Our High school youth packed these boxes. We are working on an updated bulletin board in the middle hallway. Check it out! The 7-8th graders bagged up the nutrition packs and we are hoping to get them to the Cities soon. We will announce the final count soon!

We are so happy and thankful to be meeting safely IN-PERSON at church. Attendance has been good and we are excited to start our small groups. God is good!

Pat Netko, Youth Director

HEALTH MINISTRY



It was good to be away but also great to be back in Minnesota and at my usual hours for Health Ministry. A thousand thank-you's to Connie Caspers and Becky Kalton for covering my onsite duties, I am grateful for their expertise and service. Time away always helps me look at the big picture, rest and see things from a different perspective. As we slowly transition back to a more normal life with more folks getting vaccines, it is important to resume doing things that are important and wonder about some of the things that we did that were just habit or tradition. It was so encouraging to see the many things that became possible due to creative thinking because the old was not safe or possible. It is also important to look at making informed decisions about our comfort and safety. I hope that the Smart team will continue to look at ways to move forward in this time of changing information.

I will be scheduling a class for those dealing with loss called "Flying Solo" right after Easter. This 4-hour session looks at where we are in the recovery after loss process and how to move forward into this new life. Watch for information about the date/time. It will be a in-person session.

Spring is just around the corner and I hope that you are looking for ways to promote your health in this time of slippery roads and cooler temps. I was fortunate to be able to walk at least twice a day while in Texas and will be looking for ways to continue that practice since I feel better with contact in nature and sunshine. I hope that your vitamin D levels are something that you have checked or supplement in this time of winter - many folks suffer from low levels which can cause physical and mental health issues. A lot of folks also worry about decline in their memory function as they age and there are many things that you can do to reduce your chances of memory loss with age. A big factor is prevention of cardiovascular disease since it is the leading cause of decreasing brain function. A healthy heart leads to a healthy brain since blood flow to the brain is critical to normal function. Do every thing you can including getting enough sleep, lowering blood pressure and blood sugar, exercising at least 150 minutes per week, maintaining a healthy weight, and staying socially active which reduces risk factors for cardiovascular disease. Researchers believe that at least 40% of dementias can be prevented or delayed by modifying these risk factors. What can you change today to keep your brain healthy? If you would like help in creating a personal plan, please give me a call.

Going for a walk outside now, see you soon I hope. I miss you all!

Gail Smith, Parish Nurse



Greetings,

Our monthly meetings continue to be postponed but, if our church has a successful non-COVID19 experience during the indoor worship services that began in February, we are looking to schedule a meeting in the month of April. We will keep you posted.

ELCA - The ELCA Women's letter writing campaign continues as well as Prayer at Noon every Tuesday.

Gather Magazine - During this winter, a Bible Study series is happening. Session topics: February – Repentance and route-changing angels; March – Loneliness, abandonment and holy comfort; April – Feasting angels. Go to the <https://www.womenoftheelca/publications> website.

WELCA – Women of the ELCA's triennial convention and gathering are scheduled to be held virtually on August 3-5, 2021. Becky Shurson, executive board vice president, who works in event planning said that the convention center and hotels in Phoenix “would likely consider it too early to negotiate any changes.” The executive board plans to decide in late winter about the convention and gathering: whether either one or both can go on as planned, be postponed or canceled, or held online.

Celebrate National Quilting Day – National Quilting Day (NQD) is observed annually on the third Saturday in March. This year it is on March 20. NQD is celebrated around the country with special quilting shows, classes, open museums and much more. Spend this day recognizing and appreciating quilt makers, along with their long labor, love and skill that goes into the making of each quilt. “For nearly 70 years, passionate people just like you have put their faith into action and made quilts for people in need around the world,” said Melanie Gibbons of Lutheran World Relief.

Prayer – Dear Lord, thank you for the opportunity to receive Covid19 vaccines. Please keep us in good health to fulfill your purpose. Thank you for the gift of Lent, encouraging us to seek you each and every day along our journey to Easter. In Jesus' precious name.

Peace in Christ.

Kathy Bahma, WELCA Co-Chair

NEWS OF THE FAMILY

Prayers for Peace and Comfort to those in our congregation who have suffered a loss:



- Deanna Dubel and family in the death of her grandson, David, on January 28th.
- Kathy Royce in the death of her sister, Joanne Ruis, in Pease, MN
- The family and friends of Gary Campbell in their loss & sorrow. Gary passed away on February 2nd in Arizona.
- Ann & Sam Shirey in the death of Ann's brother, Dave Galvin, on February 14th in Ann Arbor, MI.

EMERGENCY CARE PLANNING FOR CAREGIVERS

Who would support your loved one if you were suddenly unavailable or unable? LSS Caregiver Support & Respite helps caregivers put a plan in place in case a crisis or emergency happens.

Services Include:

- An in-depth assessment of your unique needs and help creating a plan
- Family / support team meetings
- Follow-up every 90 days to review the plan
- Referrals to additional resources

Appointments are available in-person, as well as by phone or video chat.

How to Get Started

Contact Tara Giese, Caregiver Support & Respite Program Director, to learn more about how this service can work for you. Call toll free at **1.866.787.9802** or [email Tara Giese](#).

****Services are temporarily available at no cost.***

This service was developed with generous funding from the Department of Human Service's Live Well at Home grant. It is also supported by the Minnesota Department of Veterans Affairs (MDVA) and the Great Plains Senior Services Collaborative.



MARCH FOODSHARE MONTH

All food and monetary donations are welcome. At the end of the program, the Crosslake Foodshelf will receive an additional % of monies available from MN Foodshare.

CALL-IN LINE FOR RIDES TO VACCINE APPOINTMENTS

Crosslake Lutheran Health Ministry in collaboration with Crosslake Cares and Interfaith Volunteers will be manning a phone line for anyone needing rides to vaccine appointments. The number to call is 218-546-3233. Information will be collected and then forwarded to Interfaith for connecting you with drivers. This call-in service will start March 1st and will be active from 1-5 pm Monday thru Friday and is for seniors who already have a vaccine appointment, but need a ride. We are happy to partner with Interfaith Volunteers who have vetted drivers. They will need at least a 48 hour notice in order to arrange rides. If you have questions, about rides or how to arrange an appointment for a vaccine, please call Gail Smith 218-831-6986. If you have been contacted by Hennepin County, it is because you received a flu vaccine from our local clinic. Unfortunately, most of their clinics are not close but with approval of Johnson and Johnson vaccine, I expect more sites to open which are closer and more accessible for appointments.



Please register with Crow Wing County Public Health for the opportunity to receive the COVID-19 vaccine in your own home.

Register on-line by going to Crow Wing County's Website: <https://www.crowwing.us/> the registration form can be accessed by clicking on Register Now as it appears above.

Register by phone by calling 218-824-1289. Please be ready to provide your name/date of birth/address/phone and email if you have one.

COVID questions – Please call 218-824-1170 or email Covid.vaccine@crowwing.us

MONDAY, MARCH 8TH IS INTERNATIONAL WOMEN'S DAY

Women have the greatest potential to bring lasting change to their communities.



Photo: Kaleb Surberland

Yet, around the world, they are not afforded the same access to education due to social and political structures.

You can change that. Join us this International Women's Day, March 8, as we boldly invest in the education of women and the future of communities around the world through the ELCA's International Women Leaders initiative.

Double Your Impact

Because of the generosity of supporters of IWL, your gifts will be matched dollar for dollar until we reach \$50,000. Give a gift today and invest in the future of women leaders.

Give now:

ELCA.org/SupportIWL · 800-638-3522

ELCA · P.O. Box 1809 · Merrifield, VA 22116-8009

Make checks payable to "ELCA" and note "International Women Leaders GCS5000" on the memo line.



Evangelical Lutheran Church in America
God's work. Our hands.

The Evangelical Lutheran Church in America (ELCA) is a church that believes Jesus is God's "Yes" to us. Our lives can be a "Yes" to others.

Today, women represent 70 percent of the world's population living in poverty and are often underserved by a lack of access to education and training. The ELCA believes the time has come for a strong, strategic emphasis on supporting and empowering international women leaders in the life and development of the church and society. Through the International Women Leaders program recently established, we are boldly investing in established and emerging women leaders from our global companion churches.

On Sunday, March 7th, we will watch a brief video that introduces you to some of the first graduates from this program, and we will pray for women's education and leadership around the world.

There is a special opportunity if you wish to give to this fund, your gifts will be matched dollar for dollar up to \$50,000. Gifts go to help support the education of 200 additional international women through educational seminars, south-to-south exchanges, in-country study programs, and degree programs at ELCA colleges and universities. Through your gift, you are investing in the future of women leaders, our companion churches, educational institutions and entire communities.

Here is the information for financial giving:

ELCA.org/SupportIWL · 800-638-3522

ELCA · P.O. Box 1809 · Merrifield, VA 22116-8009

Make checks payable to "ELCA" and note "International Women Leaders GCS5000" on the memo line.

MARCH BIRTHDAYS

- 3/1 Sharon Barsness, Dave Gardinier, Michael Goerges,
Christine Gyllenblad, Stacey Koch, Mark Lindner
- 3/2 Andrea Dumond, Rick Flaws
- 3/3 Samantha Carraway, James DeVinck, Kathrine
Royce
- 3/4 Donald Glas, Addison Gorr, Randy Morsch,
Deborah Sjoblom
- 3/6 Brynn Carlson, Stan Michal, Ramona Sandberg
- 3/7 David Arndt, Paul Houle
- 3/8 Morgan LaRock
- 3/9 Kenneth Bressler, Eli Buckentin, Brandt Gallaway,
Gerald Giles, Susie Lande, LillyAnn Vanderpool
- 3/11 Ron Germann
- 3/12 Dale Blosberg, Nate Engen, Hannah Ilika, Dave
Schwarze
- 3/14 Dorothy Gerdes, Elmer Larson, Paul Linder
- 3/15 Marilyn Hollenback, Dave Johnson, David Sorensen
- 3/16 Robert Mesenbrink
- 3/17 Cassie Brynteson, Barbara Donovan, Mary Hirman,
Julene Mastin
- 3/18 Chuck Beavers, Gary Goerges, Sally Helmer
- 3/19 China Harmala, Crystal Kozelka, Neil McEwen,
Nancy Newman, Mike Potocki, Chad Rau
- 3/20 Thomas Julian, Bonnie Sass
- 3/21 Priscilla Balmer, Brody Box, Garnet Devine,
Jennifer Johnson
- 3/22 Gloria Brinkman, Gerald Gilbert, Mary Kay
Rolighed
- 3/24 Cindy Bialon, Gene Darnell, Jackie Rasmussen
- 3/25 Harvey Hollenback, Kathryn Lund, Doris Mezzenga,
Beth Wolf
- 3/26 Laura Squires, Alex Windschitl
- 3/27 James Anderson, Avery Gorr, Daniel Heggerston,
Jennifer Pulsifer
- 3/29 Jeff Balmer, John Boline, Anthony Gerdes
- 3/31 Connor Chambers

MARCH ANNIVERSARIES

- 3/15 Heidi & Steve Engen
Kristine & Terry Havar
- 3/18 Earl & Gail Bancroft
- 3/21 Ronald & Donna Bickford
- 3/22 Roger & Julene Mastin

**Please remember these
people in prayer
on their
Birthday and/or Anniversary.**



COMMUNITY RESOURCES

Crosslake Foodshelf: The foodshelf is open on the 1st and 3rd Fridays from 9 am—Noon.

MARCH CALENDAR OF EVENTS

*** Please check with your group leader to see if you will meet via Zoom or in person.**

- March 1 Quilters 9:30 am
- March 2 Ink Spots 9:30 am
Staff Meeting on Zoom 1 pm
Bible Study on Zoom 6 pm
- March 3 Bible Study in Garden Room 10 am
Bell Choir in sanctuary Noon
7th & 8th Grade Youth Ministry (in Fellowship Hall) 5-6:15 pm
9th—12th grade Youth Ministry (in Fellowship Hall) 6:30-8 pm
- March 4 Communion Service at Whitefish at the Lakes Senior Living 2 pm
- March 7 Worship 9:30 am (In Sanctuary and Parking Lot)
- March 8 Quilters 9:30 am
- March 9 Staff Meeting on Zoom 1 pm
Bible Study on Zoom 6 pm
- March 10 Bible Study in Garden Room 10 am
Bell Choir in sanctuary Noon
Executive Committee 3 pm
7th & 8th Grade Youth Ministry (in Fellowship Hall) 5-6:15 pm
First Communion class for 5th graders 6-7 pm
9th—12th grade Youth Ministry (in Fellowship Hall) 6:30-8 pm
- March 13 Daylights Savings time begins—turn clocks ahead 1 hour after midnight
- March 14 Worship 9:30 am (In Sanctuary and Parking Lot)
- March 15 Quilters 9:30 am
- March 16 Staff Meeting on Zoom 1 pm
Finance Committee on Zoom 4:30 pm
Bible Study on Zoom 6 pm
Church Council on Zoom 7 pm
- March 17 Bible Study in Garden Room 10 am
Mission & Ministry Investment on Zoom 11:30 am
Bell Choir in sanctuary Noon
7th & 8th Grade Youth Ministry (in Fellowship Hall) 5-6:15 pm
First Communion class for 5th graders 6-7 pm
9th—12th grade Youth Ministry (in Fellowship Hall) 6:30-8 pm
- March 21 Worship 9:30 am (In Sanctuary and Parking Lot)
- March 22 Quilters 9:30 am
- March 23 Ink Spots 9:30 am
Staff Meeting on Zoom 1 pm
- March 24 Bell Choir in sanctuary Noon
7th & 8th Grade Youth Ministry (in Fellowship Hall) 5-6:15 pm
9th—12th grade Youth Ministry (in Fellowship Hall) 6:30-8 pm
- March 28 Worship 9:30 am (In Sanctuary and Parking Lot)
- March 29 Quilters 9:30 am
- March 30 Staff Meeting on Zoom 1 pm
- March 31 First Communion class for 5th graders 6-7:30 pm