

NON-PROFIT U.S. Postage PAID PRST. STND. Crosslake, MN 56442 Permit #24

## October 2023

# Join us on Sunday, October 29<sup>th</sup> to celebrate the Reformation at 9:30 AM!

# Wear Red for this Festival Sunday!

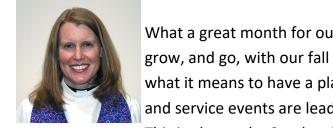
"Luther knew what it felt like for the law to convict him, accuse him, leave him with nowhere to rest. And if you want to know what really sparked the Protestant Reformation it is the fact that feeling this way, Luther ... believed that God's grace is a gift, [and] no longer accepted what the church had for so long taught: that we are really saved by the works of the law. The medieval church had pawned off law as gospel, and Luther dared to know the difference, and then he became a preacher of grace, and that changed everything."- Nadia Bolz-Weber, pastor



This year, due to the request of our families, the Rite of Confirmation/Affirmation of Baptism for our eleventh graders will happen on Sunday, November 19<sup>th</sup>!

#### **PASTORS' PAGES**

October Greetings!



What a great month for our church, full of celebrations and meaningful time to gather, grow, and go, with our fall theme of "A Place at the Table." As we continue to explore what it means to have a place at God's table of love and grace, all our learning, worship, and service events are leading up to the festive Sunday of Reformation on October 29. This is always the Sunday that we are grateful for our Lutheran heritage and "saved by

grace through faith." The Reformation also reminds us that we are always being "re-formed" by the Holy Spirit. So, I want to share with you a re-formation that is happening with our Trunk and Treat event as it relates to a wonderful partnership that we have with REEL (Revealing Emotions Elevating Lives) North Alliance. I know this article is long, but I invite you to take the time to read it because this is a powerful partnership. And I believe these sorts of partnerships are the future vitality of the church! It also explains why our Trunk and Treat will be in a new location this year.

Crosslake Lutheran has a huge heart for youth. We see this as so many people willingly give of time, talent, and treasure toward youth ministry. Many in our congregation in the last few years especially have expressed concern about mental health, particularly that of youth. We hear about it in the headlines. And a few years ago, we had great attendance when we had a Bible Study on mental health. Our Evangelical Lutheran Church in America Bishop, Elizabeth Eaton, helps us find our "Place at the Table" and invite others to their place, when it comes to mental health. This is what she writes:

As a church we acknowledge the true depths of these invisible illnesses. Our children, neighbors and friends grappling with mental health issues need to know that God does not love them any less. They need to hear that they, too, are embraced by God's unfathomable love.

Our church cautions against judgmental words and actions that might suggest to someone that their faith is not strong enough or that their outlook on life would improve if they would change certain behaviors. Praying, socializing and exercising are great activities that can help someone get out of a slump or move past a painful episode. But this is not always the solution for moderate or severe depression, bipolar depression, anxiety or even grief. Telling someone they aren't doing enough to be happy creates a sense of stigma that they are not living "correctly." We need to listen so that our words of care and compassion guide others to the help they need. We need to support people in their struggles, walking side by side in partnership with them through the good days and the bad.

Dear church, God loves us all. No matter how we are grappling, we are not alone; God is with us. We must seek ways to erase the stigma surrounding mental illness and continually love everyone compassionately as a child of God. We must embrace the benefits of therapy and encourage the use of medication when necessary in supporting and sustaining mental health and wellness. We must also work to ensure access to affordable mental health care for all people, especially those living in poverty or in historically marginalized communities.

Our faith teaches that caring for health is a shared endeavor. Being the body of Christ means carrying one another's burdens; it also means placing our burdens in God's hands and admitting to a caring person close to us that we need help. This is true no matter how great or small our anguish may be.

At Pequot Lakes High School, there is a student-led group that is doing this kind of listening and accompaniment for mental health support in school. (It's school based, so there can't be a faith component, but that doesn't mean the Holy Spirit isn't working!) This group is called <u>REEL (Revealing Emotions Elevating Lives)</u> North Alliance, founded in memory of Jack Hennies, a member of our church, who passed away in 2022. Students from our church are leaders in this group, and we plan for them to speak at one of our worship services in October. **REEL is hosting a Trunk and Treat in the bus parking lot at Pequot Lakes Middle School on October 31 to promote mental health awareness and support.** 

To support our youth already a part of REEL North Alliance and their efforts for mental health awareness and support, we are moving our Trunk and Treat efforts to join theirs! So, we hope you can join us in having a trunk in the bus parking lot at Pequot Lakes Middle School or that you can trick or treat there or provide candy for the event. This will be a change for the Crosslake community, not to have a Trunk or Treat in our church parking lot, but we know that the Crosslake Community school and some other businesses are holding one, so it doesn't leave the Crosslake community without something. We are glad for this partnership with REEL North Alliance and hope you will join us on Halloween in person or prayer as we help raise awareness about mental health support through student peers and caring, trained adults. This is another way, we join together in our fall theme of helping others find a Place at the Table, God's Table of Love and Grace for all.

Reformation Blessings, Pastor Kristin

**PASTORAL CARE** Please contact us if you are hospitalized or if you are in need of a pastoral visit. You can reach Pastor Kristin Oltmann at 952-200-1249.

#### **SOLAR CELL-ebration!**



Wednesday, October 4th at 5:30 pm. **SOLAR CELL-***ebration!* Join us for a special worship service with a meal featuring grilled hot dogs. We will **CELL-***ebrate* the new energy-saving solar panels on the roof of our church.

#### **50TH ANNIVERSARY RECOGNITION**

On Sunday, October 8th, we will honor all church members who are celebrating their 50th wedding anniversary in 2023. We will be recognizing the following couples: Rocky & Barb Chapin, Fred & Lynn Engman, Don & Jacque Glas and Bob & Becky Kalton.





#### TRUNK 'N TREAT

Tuesday, October 31st at Pequot Lakes School. Our event will be held in partnership with REEL North Alliance this year. Time to be determined.

#### **PASTOR BECKY**

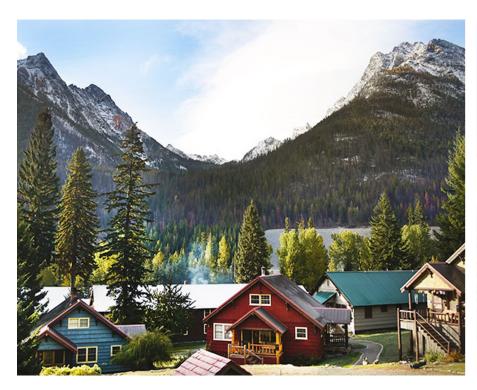


Very often we hear about Jesus taking time away to pray. Going into the mountains or off into the wilderness. Away from the usual hubbub of life and ministry. This is a practice that is very helpful for us to imitate!

You are invited to consider joining a group of us from Crosslake Lutheran Church on a spiritual retreat to Holden Village next summer. Holden has been a place of spiritual renewal and re-creation for hundreds of people since 1961.

Watch the weekly announcements for info on when we will get together for a Q&A session.

In Christ's service with you, Pastor Becky







## **RELIGIOUS RELEASE BEGINS ON WEDNESDAY, OCT. 4TH!**

We are partnering again with Our Savior's Lutheran Church in Pequot Lakes. First graders through fourth graders will arrive about 12:45 pm for learning about God's love through Scripture, music, crafts, and a snack. We are there until about 2:45 pm. We need adult helpers to accompany these sweet and energetic kids during this time! We could use your help on any Wednesday you are available from Oct. 4 through Dec. 13 (we are off the weeks of Oct 18, and Nov 22). If you have questions or would like to help, please talk to Pr. Becky or Lindsay Paulson.

#### **OCTOBER BIBLE STUDY**



#### Wednesdays at 10 am

We continue to learn about Paul through his letters. You are invited to join us any week(s) you can. Our plan for October includes reading portions of scripture and you are also invited to read corresponding sections of George Martin's book "Paul Found in His Letters". Our discussion includes both scripture and the research in the book.

Wednesday	Scripture reading	Book chapter
October 4	I Thessalonians	Ch 4
October 11	I Corinthians 16	Ch. 5
October 18	II Corinthians 1:12-4; 12:11-13:13	Ch. 6
October 25	Romans 1:1-17; 15:22-16:1-27	Ch 7

#### **NEWS OF THE FAMILY**

Prayers for Peace and Comfort to those in our congregation who have suffered a loss:



- Joanie Harrell in the death of her brother, Jeffrey, on September 4th.
- Curt Johnson and family in the death of his mother, Carolyn, on September 18th.

#### **PASTORAL ACTS**

Wedding: Jordan Geschwill & Joshua Glenn, September 23rd

#### **WELCOME NEW COUNCIL MEMBERS!**

Elected to the Church Council at our Annual Meeting on September 25th: Linda Gates, Clint Henning, and Dave Schrupp. They are all elected to their first term on the Council.

#### **BOOK CLUB**



The book for October is "Amazing Grace Adams" by Fran Littlewood and we will meet on October 5th at 10 am in the Fireside Room. New members are always welcome!

#### **DINERS GROUP**

The Diners Group will meet on Wednesday, October 18, at 5:30 pm at the Pickled Loon Saloon at 44025 Hwy. 6, Emily, MN. All are welcome! Call Sue Phillips with any questions (651-405-9629) and sign up on the church bulletin board.



#### **FINANCIALS**

			<b>202</b> 3	<b>Financia</b>	al Report		
August:	<u>Actual</u>	<u>Budget</u>		<u>Difference</u>	YTD: Actual	<u>Budget</u>	<u>Difference</u>
Revenues:	\$ 31,023	\$ 41,630	\$	(10,607)	\$ 347,776	\$ 389,420	\$ (41,644)
Expenses:	\$ 45,137	\$ 47,313	\$_	2,176	\$ 321,504	\$ 384,53 <u>6</u>	\$ 63,032
Difference:	\$ (14,114)	\$ (5,683)	\$	(8,431)	\$ 26,272	\$ 4,884	\$ 21,388

In the month of August, expenses exceeded revenues by \$14,114.

YTD's performance is \$21,388 more than budget, because revenues are \$41,644 less than budget, however, expenses are also less than budget by \$63,032.

Complete financial reports are available in the Finance mailbox.

#### HANDBELL CHOIR CONCERT

The **CLC Handbell Choir** is a "mighty fine group of musicians," according to their director, and they have prepared a concert for your inspiration and enjoyment.

Join us **Sunday, October 22** at **4:00 pm** (Vikings play Monday night - yep, we checked) for a program of hymn arrangements, classical pieces, and even a TV show tune--the ever-popular Ashokan Farewell. This concert is the fourth (almost) annual fall concert at Crosslake Lutheran. Our program is about an hour long; it's a perfect time to invite a friend or neighbor to experience some fine quality music and the warm hospitality of our congregation. The concert is free and open to the public; a freewill offering will be received.



#### **ART EXHIBIT**

Our Parish Nurse Gail Smith is also an Artist!

Be sure to view her acrylic and watercolor paintings now on display on the exhibit wall in Fellowship Hall. Gail does most of her artwork during the winter months at her home-away-from-home in Texas. She has painted pieces on commission, and is a member of the Crosslake Art Club. Her work has also been part of the Crosslake Art Club annual art show each summer.

Have an idea for an exhibit? Contact Patricia Lundeen, Music Ministry Director.

#### PASTOR BECKY'S INSTALLATION

On Sunday, September 17th we officially installed Pastor Becky as our Associate Pastor!







#### **YOUTH MINISTRY NEWS!**

Youth activities are up and running and it is so good to have everyone here with us!

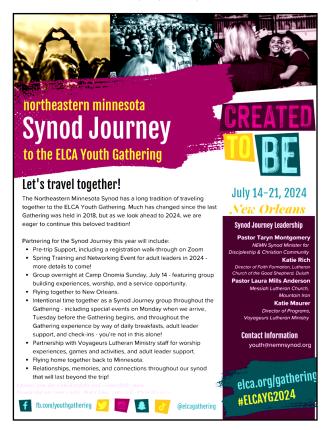
Looking ahead we have the opportunity to attend the synod youth gathering at Craguns November 17th and 18th! (If you're in sports and still would like to come later on the 17th that is an option! Just talk to Lindsay!) I need your registration and \$50 payment either via Venmo with Craguns in the memo, check or cash. There is a sign up sheet on the Youth Ministry bulletin board in the hallway by the youth room!

ALSO~ We can still get in on the Synod Journey to New Orleans leaving Crosslake July 14 and returning July 20, 2024! Yes, we would be flying to New Orleans and would be joining young people from all across all states! Please talk to Lindsay ASAP about this. The deadline is coming quickly! We need your commitment and a \$100 deposit before October 14!

We look forward to seeing you each week at supper, worship, youth group and confirmation!

Invite a friend to join you!

Yours in Christ, Lindsay



### **WOMEN OF CROSSLAKE LUTHERAN**

**Heartland Conference Fall Gathering: All Are Welcome** 

Saturday, October 7, 2023 Trinity Lutheran Church, 735 2<sup>nd</sup> Street SE, Milaca

Please join your sisters in Christ at this Fall Gathering for a time of fellowship and worship. The speaker will be Liz Branum. MS Branum, from Zion Lutheran Church in Grand Rapids, has been working with the Synod's Strategic Planning Process and serves on the Welcome and Reconciling Team. Registration begins at 8:30 AM with program and lunch from 9:30 to 1:00PM. Cost is \$10.00 which includes lunch. Please contact Janet Marr if you wish to attend and ride together.

Blessings,
Janet Marr, Secretary



# Save the date! Sunday, October 15th

You are welcome to join us on October 15<sup>th</sup> @ 11am to join in a training on PEER Ministry presented by Lyle Griner. This training is recommended for all leaders, congregational members, high school students and anyone else that is interested in learning a little more about Peer Education.

We know ministry begins with relationships. Peer Ministry gives youth the relational leadership skills to know how to listen, care, help, welcome, the very skills needed to love every neighbor. The skills to be a real friend. And leadership training to use those skills in the church, their school, and beyond. Crosslake Lutheran Church is hosting a Peer Ministry Facilitator Training to equip adult leaders to facilitate Peer Ministry training groups in your own daily lives!

#### **Some Questions and Answers**

Q. Can I attend even if I'm not involved with youth ministry?

A. Yes! This is a great opportunity for anyone in the congregation and it is my hope that over a period of time what we learn about being community in Peer Ministry will be part of our congregational culture of God's love, grace, and joy.

Q. What if I can't attend? How will I learn about this?

A. There will be many more opportunities to participate in Peer Ministry, but right now this is the only time that one of the national trainers and authors of the program will be with us.

Q. What if I forgot to register?

A. Same day registration is just fine. We are asking for pre-registration so that we have enough materials and food for everyone.

#### **HEALTH MINISTRY**

My favorite time of the year; it is a great time to be reminded about the blessings when we let things go. I am trying to pare things down at both my office and at home which often creates a feeling of lightness and ease. It is great to recycle things that others may need and to just pitch things that are cluttering life and take energy. What can go away in terms of mind, body and spirit so that new things can come in that are healing and helpful?

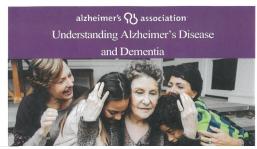
I am excited about the two educational offerings this month. The first is October 3<sup>rd</sup> from 3-4:30 pm, "Understanding Alzheimer's Disease and Dementia" presented by Kent O'Grady, a volunteer with the Alzheimer's Association and also the facilitator of the memory loss caregiver support group at CRMC. Kent comes with an extensive background in memory loss and will talk about the many forms of it including Alzheimer's and how to support those living with memory issues. This session is open to the public, no need to register and of

course, there will be refreshments. :) The second session will be held on

October 11<sup>th</sup> from 1-3:15 pm and is titled "Dementia Friends Info session" presented by Eleanor Burkett from the Minnesota Council of Aging. Crosslake Lutheran was asked if we would be a leader in creating a more dementia-friendly community and this session is to train "Friends" and also "Champions". Each session lasts approx. 1 hour and will enable you to be an ambassador in the community to create strategies for groups to support those with memory

loss. There is a poster with details as well as info in the bulletin. We hope to partner with other churches to take the lead in this very exciting endeavor. As many of you know, my father had vascular dementia and 9 of my aunts died related to Alzheimer's so it is something that I have a passion about. It is wonderful that Crosslake Lutheran is recognized as a leader in education and programs that make a difference and I appreciate everyone that is willing to become a Friend or Champion for this program. If you have questions, please reach out to me.

"Matter of Balance" class is full and will continue until October 31<sup>st</sup>. One of our topics includes how to know when there is a high risk of falls and what to do to reduce the risk of falling. A common risk in the fall is climbing ladders as we clean gutters and wash windows. While many of you do not worry about doing this, you might want to consider ways to reduce the risk of injury if you continue to do this. A better more substantial ladder that has handrails, good footing by safe shoes, having someone hold you and the ladder, no reaching, and



Tuesday, October 3rd, 2023 3:00-4:30 p.m. Crosslake Lutheran Church

35960 County Road 66 Crosslake, MN 56442

In this program, you will learn to:

- Identify common triggers for behaviors associated with dementia.
- Explain the process for assessing and identifying challenging behaviors
   List strategies to address common dementia-related behaviors.

This is an education program presented by Crosslake Lutheran Church, the Alzheimer's Association and the Lakes Area Memory Awareness Advocates to help the community learn about Alzheimer's Disease and other dementias.

If you have any questions about this presentation contact Kent O'Grady at kent.ogrady@gmail.com and 612.868.7260.



alzheimer's  $\bigcap$  association

just hiring someone to do it are some of the ways to reduce risk. One ER visit will cost you more than hiring someone to do the job and it may take months of time to heal or result in permanent injury. It is also important to wear a helmet when biking since it will give your brain a chance if you fall. Please reach out to me if you have questions or need help in reducing your fall risk.

Planning is also underway for All Saints Sunday where we recognize those "saints" that have passed in this year. We recognize them through a special service that includes lighting of candles and saying their names which is so important in the process of healing for those they left behind. More information will be coming out soon so watch for that.

Blessings in this beautiful time of year. I hope you see the beauty and not just the chores-)

Blessings,
Gail Smith, RN—Parish Nurse

# WILL STEGER EVENT, SATURDAY, OCTOBER 7<sup>TH</sup>

Lutheran Church of the Cross in Nisswa is sponsoring a free public event on Saturday, October 7th at 1 pm featuring legendary polar explorer, Will Steger. Steger has traveled tens of thousands of miles by kayak and dogsled over 50 years, leading teams of some of the most significant polar expeditions in history. He is a formidable voice calling for understanding and preservation of the Arctic and the earth. Steger will share about his adventures and the drastic effects of climate change that he has absented first hand on the



adventures and the drastic effects of climate change that he has observed first-hand on the glaciers at both Poles.

The event is hosted by the Creation Care Team at Lutheran Church of the Cross at 5064 Co. Road 13, Nisswa. It is open to the public and there is no cost to attend. Other Brainerd area churches and organizations are also supporting the event in a united concern about climate change and Christian responsibility to care for God's creation as congregations, individuals, and in our greater community.

#### **VOLUNTEER OPPORTUNITIES AT CARE N' SHARE CAFÉ IN EMILY AND BRAINERD SOUP KITCHEN**

"For I was hungry and you gave me food; I was thirsty and you gave me drink;
I was a stranger and you welcomed me." Matthew 25:35

In-House Meals at Emily Care N Share! You can also get a to-go meal in the serving line. We serve meals earlier than we did in the past, between 4:30 to 5:30 pm on most Wednesdays. Care N Share is co-located with the Wesleyan Church in Emily on MN Highway 6 just north of County Highway 1. We hope to see many of you in person starting May 3 as we continue this important ministry for our community that extends to Emily, Outing, Crosby, Fifty Lakes, Pequot, Pine River, Crosslake, and Merrifield. As always, we can use more volunteers to sign-up occasionally to help our Chef prepare and serve meals. We also need a couple more hands-on Board members to help behind the scene on planning, budgeting, communications, grant writing, requesting donations, food safety managers and a variety of tasks to support our Chef and volunteers. Training is available. If interested, text or call Lori Nelson 651-246-7292.



# SUNDAY, OCTOBER 8, 2023—3:00PM Gichi-ziibi Center for the Arts

Take part in a unique event centered on homelessness and the knowledge we need to make a difference in our community. Enjoy a performance of *A Prairie Homeless Companion*, by Josef Evans, modeled after well-known radio show *A Prairie Home Companion*. With good music, bad jokes, and real stories, zAmya Theater

Project presents a show with a quaint depiction of small-town life in Minnesota. But the actors find a different reality than the community they've been spoofing. Residents of the town take over the show and tell more realistic stories.

Tickets include the performance followed by a reception hosted by Bridges of Hope. A 3:00PM Performance of *A Prairie Homeless Companion* by <u>The zAmya Theater Project</u> Presented by *Bridges of Hope* and *My Neighbor to Love Coalition*.

5:15PM (Following Performance) CHANGEMAKER Reception in Lobby hosted by Bridges of Hope Enjoy light fare and beverages; Program by Bridges of Hope; Fundraiser for The Bridge on 7th Overnight Shelter

TICKETS: Full Event: \$55/person.

Contact Bridges of Hope for tickets: 218-825-7682 or email: info@bridgesofhopemn.org

#### **OCTOBER BIRTHDAYS**

10/1	Tim Gerdes, Kathy Millard, Joselyn Oanes
10/2	Samantha Bittner, Dennis Blosberg, Carrie Joyce,
	Sally Miller
10/3	Susan Mainquist, Kathy Strampe, Autumn Thull
10/5	Lynn Hart, Cole Young, Deniece Young
10/6	Sean Bengtson, Jeff Boozell, Tony Glaser, Andrea
Haar,	Joyce Lanning, Margery Lee, Paulette Wilske
10/7	Kathleen Bahma, Dennis Lind, Robert Salo
10/8	Richard Elmquist, Becky Swanson
10/9	Janet Marr, Stevie Thull
10/10	Joanne Heidman, Sharren Nuffer, Phoenix Sargent
10/11	Paula Buresh, Darlene Erickson, Paul Johnson,
	Martin Joyce, Gary Schwartz
10/12	Janet Hennies, Julie Schwarze
10/13	Rebecca Kalton
10/14	Wayne Hegna, Zachary Senst, Quinn Trottier
10/15	Kitty Daniels, Sharon Elmquist, Katelyn McBrien
10/16	Kent Mainquist, Amanda Nordgren
10/17	Sanibel Goerges, Lincoln Miller
10/18	Marit Reese
10/19	Karla Frederickson
10/20	Charles Hicks, Merilyn Lind, Kim Olesen
10/21	Karli Huss, Judith Schrader, Sam Scheuss, Karli Huss,
	Kristin Skog
10/22	Ruth Soby, Kevin Yager
10/23	Annette Ecklund, Jordan Glenn, Carol Irish,
	George O'Neil, Cheryl Rohbach
10/24	Ethan Johnson
10/25	Hannah LaRock, Chris Trombley
10/26	Larry Geschwill, Mattie Rossum, Karlie Trottier
10/27	Aidan Koch, Leah Nevin, Kyra Rohrbach
10/28	Ronald Larson, Gwenna Wannebo
10/29	Chad Anderson, Barb Dahlberg, Rick Johnson,
10/20	Roger Okerman, Lucille Pearo
10/30	Nancy Westerberg
10/31	Jesse Engen, Parker Schott, Kelsey Williams

#### **OCTOBER ANNIVERSARIES**

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	10/2	Larry & Mary Neer
		Ron & Michelle Schmidt
	10/3	Brandon & Laura Pederson
	10/5	Gene & Jan Darnell
		Phil & Jodi Schott
	10/7	Rich & Marit Reese
	10/8	Corey & Amy Ledin
	10/9	Eric & Holly Frederick
	10/11	Chad & Jodell Rau
		Steve & Kimberly Rollins
	10/12	Thomas & Betsy Schroeder
	10/16	Dave & Helen Nordgren
	10/17	Brian & Cindi Boyda
	10/21	Herb & Lori Nelson
	10/24	Kent & Sally Mainquist
	10/28	Gary & Barb Schwartz
		David & Kathryn Sorensen
	10/29	Kevin & Cheri Yager

Please remember these people in prayer on their Birthday and/or Anniversary.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b> Jul Qui Me A.A	<b>2</b> Jul Fest wrap-up 9 am Quilters 9 am Men's 500 Card Group 9 am A.AFireside Room 7 pm	Diabetes Prevention class (Zoom) 9-10 am Staff meeting 10 am Mahjongg Group - Garden Room 1 pm "Matter of Balance" 1-3 pm "Understanding Dementia" Seminar in the Fellowship Hall 3-4:30 pm	4 Kitchen Committee 9 am Bible Study 10 am Religious Release at Our Savior's Pequot 12:45 pm Knit Wits-Fireside Room 1 pm 5th & 6th grade ministry 3:30 pm Choir practice 4:30 pm Wednesday Dinner 5:30 pm Wednesday Worship with Holy Communion and Growing Kids 6:15 pm Youth Ministry 7th-12th Gr. 7 pm	Marketing 9 am Book Club 10 am Communion Service at Whitefish at the Lakes Senior Living 2 pm	9	Welca Heartland Conference Fall Gathering at Trinity Lutheran- Milaca 8:30 am—1 pm
<b>6</b> Qu A.A.A.A.A.	<b>9</b> Quilters 9 am Men's 500 Card Group 9 am A.AFireside Room 7 pm	Ink Spots 9:30 am Diabetes Prevention class (Zoom) 9-10 am Staff meeting 10 am Mahjongg Group - Garden Room 1 pm "Matter of Balance" 1-3 pm Endowment meeting in the Fireside Room 4 pm	Religious Release at Our Savior's Pequot 12:45 pm Knit Wits-Fireside Room 1 pm "Dementia Champions" Seminar 1-3 pm 5th & 6th grade ministry 3:30 pm Wedding Coordinator Mtg. 3:45 pm Choir practice 4:30 pm Wednesday Worship with Growing Kids 6:15 pm	12	13	Council Retreat 9 am—Noon
16 Quil Mer A.A.	<b>16</b> Quilters 9 am Men's 500 Card Group 9 am A.AFireside Room 7 pm	Diabetes Prevention class (Zoom) 9-10 am Mahjongg Group - Garden Room 1 pm "Matter of Balance" 1-3 pm Finance 4:30 pm	MEA—no Wednesday youth activities or Worship Bible Study 10 am Knit Wits-Fireside Room 1 pm Choir practice 4:30 pm Diners Club 5:30 pm	<b>19</b> Facilities 2:30 pm	20	21
23 Qui Mer A.A. Alta	Quilters 9 am Men's 500 Card Group 9 am A.AFireside Room 7 pm Altar Guild 10:30 am	Ink Spots 9:30 am Diabetes Prevention class (Zoom) 9-10 am Staff meeting 10 am Mahjongg Group - Garden Room 1 pm "Matter of Balance" 1-3 pm	Religious Release at Our Savior's Pequot 12:45 pm Knit Wits-Fireside Room 1 pm 5th & 6th grade ministry 3:30 pm Choir practice 4:30 pm Wednesday Dinner 5:30 pm Wednesday Worship with Growing Kids 6:15 pm	26	27	28
<b>w</b> \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	<b>30</b> Quilters 9 am Men's 500 Card Group 9 am A.AFireside Room 7 pm	31 Staff meeting 10 am Diabetes Prevention class (Zoom) 9-10 am Mahjongg Group - Garden Room 1 pm "Matter of Balance" 1-3 pm Trunk 'N Treat at Pequot Lakes School—time TBD	Oct	October 2023	23	