



## Crosslake Lutheran

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Permit #24

## October 2020

### WORSHIP

**“IN-CAR” OUTDOOR WORSHIP** Services continue each Sunday at 10 AM through the end of October at our outdoor worship site at 14019 Daggett Pine Road. At this service, we are following the MN Department of Health guidelines which means we need to remain in our cars at all times and when proper social distancing is maintained between cars, then the windows can be rolled down. We are grateful for this opportunity to gather in cars, but please join us only if you feel it is safe and responsible for you to do so!



**ON-LINE WORSHIP SERVICE:** Sunday's worship service will be on our website: [www.crosslakelutheran.com](http://www.crosslakelutheran.com) by Sunday morning at 9:30AM. Click on the word Vimeo on the main page. It is also posted on Crosslake Lutheran Church's Facebook page. Our Sunday worship service is broadcast on Mondays at 7 pm for those with Crosslake Cable access on Channel 62 for anyone with a set top box or on Channel 58.62 for anyone without a box.

### CONFIRMATION SUNDAY WILL BE CELEBRATED IN THE SPRING!

We will celebrate this milestone of faith for our eleventh graders and their families (Affirmation of Baptism) in the Spring this year. We are hopeful we will be able to celebrate with them in the fullest possible way!



## PASTORS' PAGES



October Greetings!

As I'm writing this, our Annual Meeting is this Sunday, September 29. And, as we consider the past year while looking toward the next, it's noteworthy to look back and see what our CLC Priorities were for 2020 based on the Yes Gatherings (remember those mission and ministry discussions we had in small groups last summer?). Here's what they were: 1) More utilization of the Outdoor Space, 2) Speakers to address relevant life issues, and 3) Enhance Nursing Home/Homebound ministry. We were just getting going on these priorities with people and planning when Covid hit, and since then, new priorities have taken over by necessity. However, ironically, we still accomplished some of these, didn't we?!

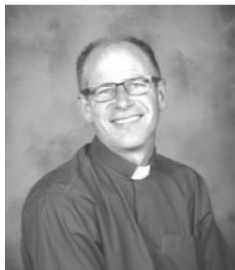
We have used that Outdoor space more than we ever imagined! Who would have dreamed to have our Easter service out there! Some other community groups have even used that space for safe in car meetings this fall. And as for the second priority, while we didn't have speakers, I think together, we did talk about relevant life issues as some of those changed for us in these past months. Some of the many things we took for granted, all of a sudden, became very relevant when the fellowship and community of our lives wasn't as prevalent as it once was! And as for the third priority, while this was accomplished through phone calls, and eventually some nursing home visits in courtyards and through masks; unfortunately, we still pray and grieve for the isolated in our community who are lonely and have needs that aren't met. It has been amazing to see all the informal and creative ways that our congregation has reached out to those folks through front-door-step visits, cookie drops, phone calls, and even hugs in the mail. I'd say all in all, the Holy Spirit really did work remarkably well to help us with these priorities even in the midst of the pandemic!

On Saturday, October 3, our council, with its newest members, elected at the Annual Meeting will meet for our annual council retreat at the Outdoor Shelter. And instead of looking to establish new priorities, we will revisit these priorities and discuss how we want to keep after them as much as we can in our new circumstances and situations. Along with that, we will be thoroughly discussing plans from the Smart team for how we will continue worship and safe ways to meet in November and the chilly weather that we know will be here soon. Please watch the bulletins and the mail, for a special mailing that will come out closer to November, once all the details are in place, so you can know how we will proceed with worship, gatherings, and meetings as we move into the winter. Thanks for your patience and prayers as we work diligently through details and with the most current data to make the best decisions for our congregation and for the glory of God!

The last Sunday in October is always Reformation, and usually we also celebrate the Affirmation of Baptism or Confirmation, at that service; but the students and families have requested that we move that to the spring. So, this year, we will celebrate Reformation just by itself on October 25th. Wear red and decorate your car with red! It's the color of that day!

"A mighty fortress is our God, a sword and shield victorious, he breaks the cruel oppressor's rod and wins salvation glorious!"

Reformation Blessings,  
Pastor Kristin



I am excited! Yes even in the face of such a different world, I am energized. We had a great first meeting of 7<sup>th</sup> and 8<sup>th</sup> graders at the outdoor shelter. They were excited to come, their parents were so glad to bring them, and we were so glad to receive them. We spent time getting to know each other, played some kickball in the rain, shared some highs and lows, and we prayed. Who knew how important the outdoor space would be in these times? Must have been some powerful work of the Holy Spirit preparing that space so far in advance of our desperate need to be together when our indoor facility is not available. We thank God for the outdoor space and the people who prepared it and maintain it. We have been using it to gather our youth since August.

Now the facility has been the focus of some Holy visioning. What is the vision you might ask? **Well Trunk 'N Treat of course.** God's call to provide hope and joy for the community has been answered by the youth ministry of Crosslake Lutheran for many years in varied ways. Trunk 'N Treat is an expression of Christ's hospitality. And the hospitality of Christ cannot be thwarted by a virus. So, the youth are using their time at the outdoor shelter to do the things already mentioned but they are also rolling up their sleeves, planning and preparing for a **physically distanced Trunk 'N Treat event at the outdoor space.**

They don't want to keep all the joy of serving to themselves though. They want to invite you, the members of Crosslake Lutheran to join them in this Halloween ministry. This holiday, Halloween, is a celebration of the victory of Jesus over death and the devil, mocking their defeat and clearing the way to remember the resurrection of the dead on All Saints Sunday. **No matter what your ability is, you can help.** You can **pray for the planning and the event**, or, you can participate by **decorating your trunks or tailgates**, or you can help **guide and direct people and traffic**, all of us supporting the joy of Jesus by greeting the children with your smiles and pieces of candy. Of course, we want keep everyone safe so there will be some protocols to follow. Those details of how we are going to keep everyone safe are being worked out by the youth, staff, and the smart team. They will be released in early October.

Christ's ministry to our children, youth, congregation, and the community continue, even in pandemic times. Thanks be to God!

Pastor Kurt

## **COMMUNION AT IN-CAR OUTDOOR WORSHIP**

We will have communion on the 1st and 3rd Sundays of every month. We will have all the necessary precautions in place to do this safely. At the end of the service, all who wish to do so can receive the bread and wine of Christ as they leave worship.

## **STAY CONNECTED**

— WINTER ADDRESSES — Going away for the winter? Please call or email the church office ([clc@crosslake.net](mailto:clc@crosslake.net)) with your winter address and the dates you are leaving & coming back. This will ensure you receive church mailings while you are gone! The post office doesn't forward 4th class mail (newsletter, etc.) Thank you! ~ Brenda LaRock, Office Manager

# DO NOT LIVE AFRAID: FAITH IN A FEARFUL WORLD BIBLE STUDY

## *Our Bible Study continues in October:*

Tuesday, October 6, 6 PM	For the Sake of Vocation & Witness	On Zoom
Wednesday, October 7, 10 AM	For the Sake of Vocation & Witness	Outdoor Shelter
Tuesday, October 13, 6 PM	For the Sake of Justice & Transformation	On Zoom
Wednesday, October 14, 10 AM	For the Sake of Justice & Transformation	Outdoor Shelter

Join us for Bible Study, you don't have to read the book in order to participate! **We do need you to sign up if you are coming to the Outdoor Shelter, as there's a limit of 20. You can sign up on Sign up Genius on the Website or call the church office.** It's okay if you have to miss a session or two, come when you can!

## MUSIC MINISTRY

Patricia's Pandemic Piano: music to soothe your soul  
Available on or after October 18, 2020 online



October 2018: Hymn Festival

October 2019: Organ/Piano/Flute Concert

October 2020: In these unusual times, many things have a different "look." This program of piano music, recorded by Patricia Lundeen on our wonderful Steinway grand, will be brought directly to you via the internet. A link will be sent for you to click via email just like the links sent for the worship services. Or, you can visit the website after October 18th, click on the blue word "Vimeo", and find the concert there. You can "attend" the concert on your porch, in your living room, gathered with friends or family for a "watch party," at a time convenient for you.

There will be an opportunity to donate an "offering," designated to be divided between new cameras for our sanctuary and the ELCA Disaster Relief fund. Patricia looks forward to sharing the pieces of music that have brought comfort and peace to her during these past months.

## FINANCIALS

### 2020 Financial Report

<b>August:</b>	<u>Actual</u>	<u>Budget</u>	<u>Difference</u>	<b>YTD:</b>	<u>Actual</u>	<u>Budget</u>	<u>Difference</u>
Revenues:	\$ 39,805	\$ 49,606	\$ (9,801)		\$ 362,886	\$ 386,952	\$ (24,066)
Expenses:	<u>\$ 41,315</u>	<u>\$ 48,729</u>	<u>\$ 7,414</u>		<u>\$ 359,836</u>	<u>\$ 383,497</u>	<u>\$ 23,661</u>
Difference:	\$ (1,510)	\$ 877	\$ (2,387)		\$ 3,050	\$ 3,455	\$ (405)

In the month of **August**, expenses exceed revenues by \$1,510.

YTD's performance is \$405 less than budget, because revenues are \$24,066 less than budget and expenses are also \$23,661 less than budget.

## YOUTH GROUP SCOOP

Youth Ministry is happening! We are blessed to have our awesome outdoor worship site to provide a safe meeting place. We have been meeting for a few weeks and have played kick ball and had great conversations! Parents and Youth – please refer to the letter sent out for info.

**Get your updated contact info in ASAP.**

**CONFIRMATION** – We want our youth that are being confirmed to enjoy the fullest confirmation experience possible, so we have discerned that it is best to hold Confirmation off until the Spring of 2021, so that we can keep many of our strong rituals and traditions.



### Saturday, October 31<sup>st</sup> – TRUNK 'N TREAT – 3:30 p.m.

We are happy to announce that we have found a way to continue this popular event! It will be held at our outdoor worship site with Covid-19 rules. Our Smart Team is evaluating our plan and more info will be coming out soon. This is a service project done by 7<sup>th</sup>-12 grade Youth. All are expected to JOYFULLY SERVE! We will need lots of help with parking, decorating and clean up. Please contact Pat if you are interested. *We will be looking for people to decorate their vehicles in a family-*

*friendly manner and give out treats.* This is open to the public! An email will be sent out and announcements made as soon as we are approved. Any questions – contact Pat! GOD IS GOOD – ALL THE TIME!



## NEWS OF THE FAMILY

*Prayers for Peace and Comfort to those in our congregation who have suffered a loss:*

- Ron & Dorothy Gerdes in the death of their niece, Theresa Seeman.
- Leah Heggerston and family in the death of her sister, Katherine Nolan Bensen, on September 15th in Roseville, MN.

## PASTORAL ACTS

Wedding: September 12th—Maria Schommer and Ryan Carlson

Memorial Services: September 18—Carol Repp  
September 19—Stanley Blaisdell



**The church building remains closed at this time and the church staff continues to work from home. If you have a pastoral need, you can reach Pastor Kristin at 952-200-1249 or Pastor Kurt at 218-839-2931. If you have an office need, please call Brenda LaRock at 218-232-1220.**

## WELCOME NEW COUNCIL MEMBERS!

Elected to the Church Council at our Annual Meeting on September 27th: Casey Johnson, Kimberly Johnson, Sue Phillips and Karen Senst.



Greetings,

While we continue to wait patiently for our WELCA activities to resume locally, here are ten items the Women of the ELCA offers as ongoing ways for women to remain connected.

- Call to Prayer on Tuesdays at Noon
- Dear Friend in Christ letter writing
- Bold Connections
- Virtual Gather Bible Study
- Thankofferings
- In-Kind Gifts fact sheet
- Just Love 2021 Quilt Challenge – visit [welcatg.org](http://welcatg.org)
- Read a book related to racial justice (recommendations given)
- Giving Thanks to God All Day Every Way
- Read the Blogs

All of the above items can be found by logging onto [www.womenoftheelca.org](http://www.womenoftheelca.org) website.

Peace in Christ. - Kathy Bahma

## HEALTH MINISTRY



WHEW, what a year. I am so ready to be done with this but know that we all need to stay the course. This summer has been filled with phone calls, cards, outdoor visits and other ways that we connect during times of COVID-19. I am excited to let you know about the Flu Shot Clinic that we are planning at the Outdoor worship space on October 20<sup>th</sup> from 12:30-4:30 pm. MVNA will be providing the vaccines as in past years and we will be doing everything COVID-19 safe. Vaccines will be both high and regular dose (for those under 60). A mailing will be done prior to the clinic including all the details, as well as the

forms that will need to be filled out prior to coming to the clinic. I am happy that we found a way that was safe, accessible and as in the past, easy to attend to get this done. I am still working out a few details with the providers but am confident it will be a success. Sign up is through our website on Signup Genius (same place we have signed up for in-person communion circles, working at the outdoor space, Bible study, etc.). If you do not have access to a computer or do not know how to work Signup Genius, you can always call the church and leave a message. If you have questions, please call me: 218-831-6986. Blessings and stay well.— Gail Smith, Parish Nurse

Also , thank you for the many calls, texts, cards and memorials in the death of my father, Lloyd, and also in the passing of my beloved dog, Ellie. Your support meant so much in this time of loss and remembrance. - Gail

# Lifestyle CHANGE Class Offerings



All classes will be taught online through the Zoom platform. You can access this by calling in, using your iPad or tablet or logging in on your computer. Once you have registered, your coach will reach out to you with directions on how to join the class.

Learn how to create a healthier lifestyle and prevent diabetes in a 22 session diabetes prevention program. Groups meet with a trained instructor to help participants lose weight, eat healthier and increase physical activity. There are 16 sessions offered over 6 months, and 6 monthly follow-up sessions for the remainder of the year. Each session is one-hour long. The National Diabetes Prevention Program is a community-based, lifestyle change program that offers diabetes prevention education and support for people with pre-diabetes. Pre-diabetes involves blood sugar levels that are higher than normal, but not yet high enough to be diabetes. An individual with pre-diabetes can delay or prevent type 2 diabetes by making simple lifestyle changes. Diet and moderate exercise resulting in a 5 - 7% weight loss (usually about 10 - 15 pounds) often work to bring blood sugar levels back down to a healthy range. There is no fee for this class (\$429 value).

Questions contact Kara Schaefer

Office: 218-454-5901 Email: [Kara.Schaefer@Essentiahealth.org](mailto:Kara.Schaefer@Essentiahealth.org)

Register online: <http://crowwingenergized.org/event/>

**Starting Tuesday, Oct 6 | 11:00 a.m. - 12:00 p.m.**

**Coaches: Becky Kalton and Gail Smith**

**Starting Tuesday, Oct 6 | 12:00 - 1:00 p.m.**

**Coach: Kara Griffin | [Kara.Griffin@crowwing.us](mailto:Kara.Griffin@crowwing.us)**

**Starting Wednesday, Oct 7 | 4:45 - 5:45 p.m.**

**Coach: Kara Schaefer | [Kara.Schaefer@EssentiaHealth.org](mailto:Kara.Schaefer@EssentiaHealth.org)**



## Topics for the First 16 Sessions

- 1 Welcome and Getting Started
- 2 Be a Fat and Calorie Detective
- 3 Ways to Eat Less Fat and Fewer Calories
- 4 Healthy Eating
- 5 Move Those Muscles
- 6 Being Active: A Way of Life
- 7 Tip the Calorie Balance
- 8 Take Charge of What's Around You
- 9 Problem Solving
- 10 Four Keys to Healthy Eating Out
- 11 Talk Back to Negative thoughts
- 12 The Slippery Slope of Lifestyle Change
- 13 Jump Start Your Activity Plan
- 14 Make Social Cues Work for You
- 15 You Can Manage Stress
- 16 Ways to Stay Motivated



**MAKE HEALTHY CHOICES**

Crow Wing  
*energized*

[www.CrowWingEnergized.org](http://www.CrowWingEnergized.org)

ship  
statewide health  
improvement partnership



Essentia Health

## OCTOBER BIRTHDAYS

10/1 Tim Gerdes, Kathy Millard, Joselyn Oanes, Kaycie Tohm  
10/2 Samantha Bittner, Dennis Blosberg, Carrie Joyce  
10/3 Susan Mainquist, Kathy Strampe, Autumn Thull  
10/4 Ervin Rasset  
10/5 Lynn Hart, Leah Heggerston, Kelton Potocki, Cole Young, Deniece Young  
10/6 Sean Bengtson, Jeff Boozell, Tony Glaser, Andrea Haar, Joyce Lanning, Margery Lee, Paulette Wilske  
10/7 Kathleen Bahma, Dennis Lind, Robert Salo  
10/8 Richard Elmquist  
10/9 Whitney Garin, Janet Marr, Christian Null, Cassandra Schliek, Stevie Thull  
10/10 Joanne Heidman, Sharren Nuffer  
10/11 Bob Blaukat, Paula Buresh, Darlene Erickson, Paul Johnson, Martin Joyce, Cheryl Neal, Gary Schwartz  
10/12 Janet Hennies, Julie Schwarze  
10/13 Rebecca Kalton  
10/14 Wayne Hegna, Zachary Senst, Quinn Trottier  
10/15 Bruce Bundgaard, Sharon Elmquist, Katelyn McBrien  
10/16 Kent Mainquist, Amanda Nordgren  
10/17 Sanibel Goerges, Lincoln Miller  
10/18 Marit Reese  
10/19 Lance Bragstad, Karla Frederickson  
10/20 Braelyn Erickson, Charles Hicks, Marilyn Lind, Kim Olesen  
10/21 Judith Schrader, Sam Scheuss, Karli Skog, Kristin Skog  
10/23 John Carlson, Annette Ecklund, Jordan Geschwill, Carol Irish, George O'Neil  
10/24 Aundra Erickson, Ethan Johnson  
10/25 Hannah LaRock, Chris Trombley  
10/26 Larry Geschwill, Mattie Rossum, Karlie Trottier  
10/27 Joseph Kepner, Aidan Koch, Leah Nevin  
10/28 John Engstrom, Ronald Larson, Jack Riordan  
10/29 Chad Anderson, Ashton Benzick, Barb Dahlberg, Rick Johnson, Richard Maas, Roger Okerman, Lucille Pearo  
10/30 Nancy Westerberg  
10/31 Jesse Engen, Parker Schott, Kelsey Williams

## OCTOBER ANNIVERSARIES

10/2 Justin & Kayla Benzick  
Larry & Mary Neer  
Ron & Michelle Schmidt  
10/3 Brandon & Laura Pederson  
10/4 William & Lisa Doerr  
Anthony & Crystle Gerdes  
10/5 Gene & Jan Darnell  
Phil & Jodi Schott  
10/6 Mike & Jennie Clasen  
10/7 Rich & Marit Reese  
10/8 Corey & Amy Ledin  
10/9 Eric & Holly Frederick  
10/11 Chad & Jodell Rau  
Steve & Kimberly Rollins  
10/12 Thomas & Betsy Schroeder  
10/15 Charles & Cindy McCulloch  
10/16 Dave & Helen Nordgren  
10/17 Bill & Vicki Abbott  
Brian & Cindi Boyda  
10/21 Herb & Lori Nelson  
10/24 Kent & Sally Mainquist  
10/28 Brad & Jackie Rasmussen  
Gary & Barb Schwartz  
David & Kathryn Sorensen

**Please remember these people  
in prayer on their  
Birthday and/or Anniversary.**



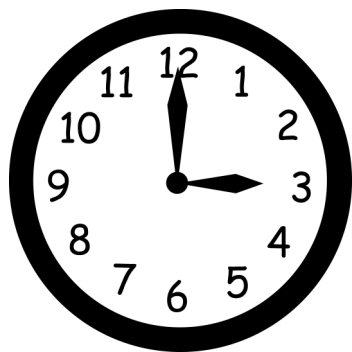


## OCTOBER CALENDAR OF EVENTS

\*All activities at Outdoor Worship space unless noted otherwise

- October 3 Church Council Retreat 9 am—Noon
- October 4 Sunday Worship with Holy Communion 10 am: “Do Not Live Afraid: For the Sake of Vocation & Witness”. Commitment Sunday for pledge cards
- October 6 Bible Study on Zoom 6 pm
- October 7 Bible Study 10 am; Knit Wits 1 pm; Endowment Meeting 3 pm; Youth Group 6 pm
- October 11 Sunday Worship 10 am: “Do Not Live Afraid: For the Sake of Justice & Transformation”
- October 13 Bible Study on Zoom 6 pm
- October 14 Bible Study 10 am; Knit Wits 1 pm; Executive Committee 3 pm; Youth Group 6 pm
- October 18 Sunday Worship with Holy Communion 10 am
- October 20 Flu Shot Clinic 12:30-4:30 pm; Finance 4:30 pm
- October 21 Ministry & Mission Investment Committee 11:30 am; Youth Group 6 pm
- October 22 Heartland Conference meeting 10 am– Noon
- October 25 Sunday Worship 10 am: Reformation Sunday (wear red and decorate your car red)
- October 31 Trunk ‘N Treat 3:30-5:30 pm

**If you would like to sign up your ministry group to use the outdoor space (20 people or less), please call Brenda, so she can reserve it for you.**



***Daylights Savings Time ends on October 31st  
(turn clocks back 1 hour after midnight)***

## **FLU SHOT CLINIC**

**October 20<sup>th</sup> from 12:30-4:30 pm  
at the Outdoor worship space**

Please sign up on the church website using Signup Genius

or

call the church office and leave a message so we can get you signed up!

## **THANK YOU**

Our sincere thank you and love to you, our Crosslake Lutheran Family, for paying tribute and honoring Carol at her Memorial Service September 18th. My daughters and I were overwhelmed and humbled with the love and compassion you showed in paying respect for her. She always professed loving the Lord with all her heart and soul. Pastor Kristin's sermon that recognized Carol's love of Christ, strengths as a mother and her sacrificing her career for mine was a true "window" into her life. Thank you for all your cards, phone calls and emails depicting your love and friendship for her.—God's Grace, John, Susan, Kristin and Robyn

We are touched by all the CLC friends who reached out to us during our recent losses. We are thankful for our caring church family who live with love and kindness.—Buck and Nancy Westerberg

## **VOLUNTEERS NEEDED**

Care N Share in Emily is a non profit organization making meals every Wednesday for the surrounding community. We serve over 200 meals every Wednesday. Volunteers are needed on Wednesdays from noon - 2pm to help bag the meals. Due to the CDC regulations we can only have 10 ppl on site at a time. All volunteers are to wear masks and a baseball type hat. Care N Share is located in the Wesleyan Church in Emily. Please contact Lori Nelson at 651-246-7292 Or [lorinelson@brainerd.net](mailto:lorinelson@brainerd.net) for more information or to sign up for any Wednesday. We invite you to come and be apart of serving our community.

## **COMMUNITY RESOURCES**

**Crosslake Cares Help Line:** A community-wide call in help line is now open from 1-5 pm daily (Monday-Friday) if you have questions about area resources in light of COVID-19. This line is for non-medical, non-emergency use only. It can also be used if you would like to volunteer. A Crosslake Lutheran staff will be answering this phone line—218-513-0131.

**Crosslake Foodshelf:** The foodshelf is open on the 1st and 3rd Fridays from 9 am—Noon.